

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                          |                       |               |    |
|--------------------------|-----------------------|---------------|----|
| Menu Name:               | High School Lunch     | Include Cost: | No |
| Site:                    |                       |               |    |
| Use Alternate Menu Name: | Alternate Menu Name 1 |               |    |

Monday - 08/18/2025                      Reimbursable Meal Total 1

|                           | Portion Size | Reimb Qty | Carb (g) |
|---------------------------|--------------|-----------|----------|
| 990224 Chicken Tenders    | 4 Pieces     | 1         | 22.27    |
| 001059 Biscuit            | BISCUIT      | 1         | 27.48    |
| 000479 BBQ Rib Sandwich   | Sandwich     | 1         | 37.00    |
| Weighted Daily Average    |              |           | 86.76    |
| % of Calories             |              |           | 38.7%    |
| Weekly Nutrient Guideline |              |           |          |

Tuesday - 08/19/2025                      Reimbursable Meal Total 1

|                                     | Portion Size | Reimb Qty | Carb (g) |
|-------------------------------------|--------------|-----------|----------|
| 000144 Bosco Breadsticks            | 2 Sticks     | 1         | 54.07    |
| 000915 Pepperoni<br>BoscoBreadstick | 2 Sticks     | 1         | 60.07    |

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|                           | Portion Size | Reimb Qty | Carb (g) |
|---------------------------|--------------|-----------|----------|
| 000893 Corn Dog           | CORN DOG     | 1         | 28.00    |
| Weighted Daily Average    |              |           | 142.14   |
| % of Calories             |              |           | 43.4%    |
| Weekly Nutrient Guideline |              |           |          |

Wednesday - 08/20/2025                      Reimbursable Meal Total 1

|                               | Portion Size | Reimb Qty | Carb (g) |
|-------------------------------|--------------|-----------|----------|
| 000804 Chicken Patty Sandwich | Sandwich     | 1         | 44.00    |
| 001003 Spicy Chicken Sandwich | Sandwich     | 1         | 52.00    |
| 000496 Crispito               | 2 Crisпитos  | 1         | 46.00    |
| Weighted Daily Average        |              |           | 142.00   |
| % of Calories                 |              |           | 40.9%    |
| Weekly Nutrient Guideline     |              |           |          |

Thursday - 08/21/2025                      Reimbursable Meal Total 1

|                                 | Portion Size | Reimb Qty | Carb (g) |
|---------------------------------|--------------|-----------|----------|
| 990100 Tortellini w/ Meat Sauce | 1/2 CUP      | 1         | 0.76     |
| 990120 Garlic Knot              | Rolls        | 1         | 26.86    |
|                                 |              |           |          |

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|                                 |       |   |       |
|---------------------------------|-------|---|-------|
| 000917 Chicken Pizza Quesadilla | Slice | 1 | 38.00 |
| Weighted Daily Average          |       |   | 65.62 |
| % of Calories                   |       |   | 53.1% |
| Weekly Nutrient Guideline       |       |   |       |

Friday - 08/22/2025                      Reimbursable Meal Total 1

|                           | Portion Size | Reimb Qty | Carb (g) |
|---------------------------|--------------|-----------|----------|
| 000858 Pizza              | 1 Slice      | 1         | 42.00    |
| 000193 Hot Ham & Cheese   | Sandwich     | 1         | 35.00    |
| Weighted Daily Average    |              |           | 77.00    |
| % of Calories             |              |           | 45.1%    |
| Weekly Nutrient Guideline |              |           |          |

Monday - 08/25/2025                      Reimbursable Meal Total 1

|                               | Portion Size | Reimb Qty | Carb (g) |
|-------------------------------|--------------|-----------|----------|
| 990218 Boneless Chicken Wings | 5 Pieces     | 1         | 16.25    |
| 000959 Garlic Texas Toast     | Slice        | 1         | 14.00    |
| 000734 Hamburger              | Sandwich     | 1         | 31.00    |

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|                           | Portion Size | Reimb Qty | Carb (g) |
|---------------------------|--------------|-----------|----------|
| 001058 Cheeseburger       | Sandwich     | 1         | 32.00    |
| Weighted Daily Average    |              |           | 93.25    |
| % of Calories             |              |           | 36.6%    |
| Weekly Nutrient Guideline |              |           |          |

Tuesday - 08/26/2025                      Reimbursable Meal Total 1

|                           | Portion Size  | Reimb Qty | Carb (g) |
|---------------------------|---------------|-----------|----------|
| 990134 Breakfast Tornado  | 1 Tornado     | 1         | 21.50    |
| 000382 Chicken & Noodles  | 4 OZ SERVINGS | 1         | 11.96    |
| 001147 Breadstick         | BREADSTICK    | 1         | 16.00    |
| Weighted Daily Average    |               |           | 49.46    |
| % of Calories             |               |           | 42.0%    |
| Weekly Nutrient Guideline |               |           |          |

Wednesday - 08/27/2025                      Reimbursable Meal Total 1

|                               | Portion Size | Reimb Qty | Carb (g) |
|-------------------------------|--------------|-----------|----------|
| 000804 Chicken Patty Sandwich | Sandwich     | 1         | 44.00    |
| 001003 Spicy Chicken Sandwich | Sandwich     | 1         | 52.00    |
|                               |              |           |          |

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|                                  |       |   |        |
|----------------------------------|-------|---|--------|
| 000309 Garlic French Bread Pizza | Piece | 1 | 29.00  |
| Weighted Daily Average           |       |   | 125.00 |
| % of Calories                    |       |   | 42.7%  |
| Weekly Nutrient Guideline        |       |   |        |

Thursday - 08/28/2025                      Reimbursable Meal Total 1

|                             | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------|--------------|-----------|----------|
| 000013 Taco Crunch          | 4 OZ SERVING | 1         | 24.82    |
| 990139 Pepperoni Hot Pocket | Calzone      | 1         | 30.00    |
| Weighted Daily Average      |              |           | 54.82    |
| % of Calories               |              |           | 29.2%    |
| Weekly Nutrient Guideline   |              |           |          |

Friday - 08/29/2025                      Reimbursable Meal Total 1

|              | Portion Size | Reimb Qty | Carb (g) |
|--------------|--------------|-----------|----------|
| 000858 Pizza | 1 Slice      | 1         | 42.00    |

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|                             | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------|--------------|-----------|----------|
| 990056 BBQ Chicken Sandwich | Sandwich     | 1         | 34.00    |
| Weighted Daily Average      |              |           | 76.00    |
| % of Calories               |              |           | 42.4%    |
| Weekly Nutrient Guideline   |              |           |          |

|                   |  |          |
|-------------------|--|----------|
|                   |  | Carb (g) |
| Weighted Averages |  | 91.20    |
| % of Calories     |  | 41.0%    |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*  
*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

*NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*